

STICKYWEEDS ' MENU

Toasted Fruit Bread

Crumpets

Bacon Butty

Glamorgan Vegetarian Sausage Butty (cheese & leek)

Toasted Waffles, Bacon & Maple Syrup

SANDWICH or WRAP or SALAD or JACKET POTATO

Cheddar & Chutney

Feta, Houmous & Roasted Peppers

Cheddar, Houmous & Sweet Chilli Sauce

Houmous, Roasted Peppers & Sunblush Tomatoes

Tuna Mayonnaise & Red Onion

Ham, Tomato & Beetroot Chutney

Chicken & Mayonnaise

Chicken, Brie & Cranberry Sauce

Bacon, Lettuce, Tomato & Mayonnaise

TOASTED CIABATTA

Cheddar, Ham & Chilli Jam

Brie, Bacon & Cranberry Sauce

Mozzarella, Tuna & Red Onion

Mozzarella, Pesto & Sunblush Tomatoes

Houmous, Roasted Peppers & Sunblush Tomatoes

CHILDREN'S LUNCHBOX

Cheddar, Ham, or Tuna Mayonnaise Sandwich,

Pack of Hula Hoops, Fruit Pot, Smoothie

Alternative Sauces: Salad Cream, Apple Sauce, Caesar Dressing, Sweet Chilli Sauce

Gluten Free options available.

Wherever possible our ingredients are sourced from local suppliers.

All our food is prepared in areas where allergens are present. If you have any concerns please speak to a member of staff.

At times we can get quite busy and you may experience a slight wait. Your patience is appreciated during these periods.

